

How To Do The Covert Action Gun Drill

On the following page is the target you will use. You can print this target from your home computer. You will set up the target so that it's going horizontally.

As I've mentioned before, intelligence operatives are often alone and without backup. They must be able to deal with multiple threats totally unassisted.

And, since bad guys travel in packs, you too need to train on how to deal with multiple threats.

After all, there are many home invasions these days where 2-3 people are busting into someone's home trying to harm them.

So, here's how to do the drill and how to use the target on the next page. It is very simple, and remember, in life or death encounters, you do not want to overcomplicate things.

You will start this drill with your back to the target so that you are facing away from it.

Your hands are to your sides and you are relaxed, just as you normally are as if you're taking a stroll down the street.

When you are ready to execute the drill, you will take a step offline to either your right or to your left. It is crucial to get off the X and so you will want to practice taking a step in either direction.

Next, turnaround, draw and fire at the target. You will want to fire one shot at each of the large circles that represent a body shot. Go in whatever order comes naturally to you. Once you've fired one round in each of the body areas, then you fire one round in each of the rectangles, which represents a head shot. So, you will shoot a total of 6 rounds.

You do not want to fire a body shot and then a head shot at the same intruder because this will give the other intruders time to get to you and harm you. So, quickly fire one body shot at all three and if the threat has not stopped, you come back and fire head shots.

Like I said, this is a super simple drill but it teaches you to transition to multiple targets and to focus on both body and head shots. You want to start from the 5 yard line, then go to 7 yards and then move out further as you become more proficient.

Also, yes, the targets are small, but I want to teach you to "aim small, miss small," which is why you'll want to aim for the small triangles when taking out the threats.

Now, go do some practice with this!

